

# SHAC Meeting Agenda: 1st General Meeting

## Meeting Details

- **What:** 1st General Meeting / Review of the Existing Policy
  - **When:** Friday, October 3, 2025
  - **Time:** 3:30 PM – 5:00 PM
  - **Where:** Conference Room (306), Middle School Building
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## I. Opening & Administrative Duties (3:30 PM – 3:45 PM)

- **Call to Order:** Official commencement of the first general meeting.
  - **Attendance & Quorum:** Confirmation of attendees and ensuring a majority are non-employee parents to meet compliance.
  - **Introductions:** Brief introductions of SHAC members and district representatives.
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## II. Policy Review & Discussion (3:45 PM – 4:45 PM)

The primary focus of this session is the **Review of the Existing Policy**.

- **Health Education:**
    - Review current comprehensive health education programs.
    - Ensure alignment with state standards and requirements.
  - **Mental Health Support:**
    - Evaluate existing mental health resources for students.
    - Discuss areas for increased attention and enhanced support systems.
  - **Nutrition and Physical Activity:**
    - Assess current policies promoting healthy eating habits.
    - Review physical activity standards within the schools.
  - **Parental Involvement:**
    - Discuss methods to encourage parental engagement in health-related decision-making.
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## III. Wrap-up & Next Steps (4:45 PM – 5:00 PM)

- **Action Item Summary:** Finalize assigned tasks and deadlines stemming from the policy review.

- **Future Planning:** Briefly mention the next quarterly meeting, currently scheduled for **Friday, December 5, 2025**, at 3:30 PM in Room 308.
- **Adjournment:** Official conclusion of the meeting.