

SHAC Meeting Agenda: 1st General Meeting

Meeting Details

- **What:** 1st General Meeting / Review of the Existing Policy
- **When:** Friday, October 3, 2025
- **Time:** 3:30 PM – 5:00 PM
- **Where:** Conference Room (306), Middle School Building

I. Opening & Administrative Duties (3:30 PM – 3:45 PM)

- **Call to Order:** Official commencement of the first general meeting.
- **Attendance & Quorum:** Confirmation of attendees and ensuring a majority are non-employee parents to meet compliance.
- **Introductions:** Brief introductions of SHAC members and district representatives.

II. Policy Review & Discussion (3:45 PM – 4:45 PM)

The primary focus of this session is the **Review of the Existing Policy**.

- **Health Education:**
 - Review current comprehensive health education programs.
 - Ensure alignment with state standards and requirements.
- **Mental Health Support:**
 - Evaluate existing mental health resources for students.
 - Discuss areas for increased attention and enhanced support systems.
- **Nutrition and Physical Activity:**
 - Assess current policies promoting healthy eating habits.
 - Review physical activity standards within the schools.
- **Parental Involvement:**
 - Discuss methods to encourage parental engagement in health-related decision-making.

III. Wrap-up & Next Steps (4:45 PM – 5:00 PM)

- **Action Item Summary:** Finalize assigned tasks and deadlines stemming from the policy review.

- **Future Planning:** Briefly mention the next quarterly meeting, currently scheduled for **Friday, December 5, 2025**, at 3:30 PM in Room 308.
- **Adjournment:** Official conclusion of the meeting.