

Meeting Agenda: School Health Advisory Council (SHAC)

What: 1st General Meeting / Review of Existing Policy

Date: Friday, October 3, 2025

Time: 3:30 PM – 5:00 PM

Location: Conference Room (306), Middle School Building

I. Welcome & Introductions (10 Minutes)

- Call to Order and Sign-in.
- Opening remarks regarding the council's mission for the 2025-2026 school year.
- Approval of previous meeting minutes (if applicable).

II. Purpose of the Review (5 Minutes)

- Overview of why the existing Wellness/Health Policy is being audited.
- Goals for alignment with current state standards and community needs.

III. Policy Review: Core Pillars (50 Minutes)

- **Health Education:** * Evaluating current curriculum for alignment with state standards.
 - Discussion on the effectiveness of comprehensive health programs across grade levels.
- **Mental Health:**
 - Review of available resources and campus-based support systems.
 - Identifying gaps in student mental health services and crisis intervention.
- **Nutrition and Physical Activity:**
 - Assessment of school meal programs and healthy eating initiatives.
 - Review of physical education requirements and opportunities for active play/recreation.
- **Parental Involvement:**
 - Analyzing current methods for engaging parents in health-related decisions.
 - Strategies to increase transparency and community feedback.

IV. Open Discussion & Proposed Amendments (15 Minutes)

- Floor open for committee members to suggest specific language changes or new initiatives.

- Addressing concerns raised by campus representatives or community stakeholders.

V. Action Items & Closing (10 Minutes)

- Summary of proposed policy updates.
- Assignment of sub-committees for further research (if needed).
- **Next Meeting Date:** To be determined.
- Adjournment.