

Detail	Information
Category:	Regular SHAC Meeting
Date:	Friday, December 5, 2025
Time:	3:30 PM – 5:00 PM
Location:	308
Chair/Facilitator:	Cerlito Salarda

Item #	Time Allotment	Discussion Topic / Action	Goal / Desired Outcome	
I. Preliminaries & Compliance	3:30 PM (5 min)	Call to Order and Attendance	Establish Quorum (confirm majority members are non-employee parents).	Chair
	3:35 PM (5 min)	Review and Approval of Minutes	Approve minutes from the previous meeting (e.g., September/October).	Secretary
	3:40 PM (10 min)	Mid-Year Financial/Budget Update	Review SHAC-related expenditures and discuss budget planning for the remainder of the school year.	District Admin/Staff
II. Mental & Behavioral Health	3:50 PM (15 min)	Winter Mental Health Initiatives	Review the success of fall mental health programs and discuss plans for	Counseling/Psychological Services

			supporting students during the holiday and testing seasons.	
		<i>Action:</i> Review data related to any recent state mental health reporting requirements (e.g., HB 18).		
III. Health and Physical Wellness	4:05 PM (15 min)	Physical Activity & Fitness Update	Review physical education time allocation and data from student fitness assessments (if applicable). Discuss strategies to increase daily physical activity during the winter months.	PE/Athletics Lead
	4:20 PM (15 min)	Nutrition Services Review	Update on school meal participation rates, new healthy vending policies (if applicable), and community feedback on nutritional offerings.	Nutrition Services Lead
IV. Spring Policy & Curriculum Planning	4:35 PM (10 min)	Curriculum Planning for Spring Semester	Confirm the schedule for the required human sexuality and/or substance abuse prevention instruction review, which must occur before implementation.	Health Education Lead
		<i>Action:</i> Set date for subcommittee review of curriculum materials.		

V. Wrap-up & New Business	4:45 PM (10 min)	Community Outreach and New Business	Discuss joint use agreements with community organizations and address any new, pressing health issues brought forward by parents/community members.	All
	4:55 PM (5 min)	Action Item Summary and Next Meeting	Finalize all assigned tasks, owners, and deadlines. Confirm the date of the following required quarterly meeting (e.g., early March).	Chair
	5:00 PM	Adjournment	Officially conclude the meeting.	Chair



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Thu, Dec 4, 2025 at 10:23 PM