Alief Montessori Community School October 2025 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Worlday	Tuesuay	Oct - 1	Oct - 2	Oct - 3
		Mini pancakes Mixed Fruit Fruit Punch Milk, 1% or Fat Free Syrup	Turkey Ham and Cheese Sandwich Watermelon Craisins Apple Juice Milk, 1% or Fat Free	Apple Jacks cereal Fresh Fruit Orange Juice Milk, 1% or Fat Free
Oct - 6	Oct - 7	Oct - 8	Oct - 9	Oct - 10
Trix Cereal Fresh Fruit Apple Juice Milk, 1% or Fat Free	Grilled Cheese Sandwich Strawberry Applesauce Cup Grape Juice Milk, 1% or Fat Free	Mini Cinnamon Waffles Mixed Fruit Fruit Punch Milk, 1% or Fat Free Syrup	Pancake sandwich Mixed Fruit cup Apple Juice Milk, 1% or Fat Free	Staff Development Day
Oct – 13	Oct - 14	Oct - 15	Oct - 16	Oct - 17
NDIGENOUS PEOPLES DAY	Strawberry Bagel Fresh Fruit Apple Juice Milk, 1% or Fat Free	Mini pancakes Mixed Fruit Fruit Punch Milk, 1% or Fat Free Syrup	Turkey Ham and Cheese Sandwich Watermelon Craisins Apple Juice Milk, 1% or Fat Free	Apple Jacks cereal Fresh Fruit Orange Juice Milk, 1% or Fat Free
Oct - 20	Oct - 21	Oct - 22	Oct - 23	Oct - 24
Trix Cereal Fresh Fruit Apple Juice Milk, 1% or Fat Free	Grilled Cheese Sandwich Strawberry Applesauce Cup Grape Juice Milk, 1% or Fat Free	Mini Cinnamon Waffles Mixed Fruit Fruit Punch Milk, 1% or Fat Free Syrup	Pancake sandwich Mixed Fruit cup Apple Juice Milk, 1% or Fat Free	Cheerios cereal Fresh Fruit Orange Juice Milk, 1% or Fat Free
Oct - 27	Oct - 28	Oct - 29	Oct - 30	Oct - 31
Strawberry Bagel Fresh Fruit Apple Juice Milk, 1% or Fat Free Menu subject to change.	Turkey Sausage Links With Toast Peach slices Grape Juice Milk, 1% or Fat Free Grape Jelly This institution is an equa	Mini pancakes Mixed Fruit Fruit Punch Milk, 1% or Fat Free Syrup	Turkey Ham and Cheese Sandwich Watermelon Craisins Apple Juice Milk, 1% or Fat Free	Apple Jacks cereal Fresh Fruit Orange Juice Milk, 1% or Fat Free

Menu subject to change.

This institution is an equal opportunity provider.