

## Alief Montessori Community School

### September 2025 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 1 	Sep - 2 Chicken Cheese Crispito Steamed Corn Pinto Beans Peach slices Milk, 1% or Fat Free Cheese Sauce	Sep - 3 Turkey Spaghetti Seasoned Green Beans Romaine Lettuce Salad Garlic Bread Stick Watermelon Craisins Milk, 1% or Fat Free Ranch Dressing	Sep - 4 Chicken Nuggets Macaroni & Cheese Cucumber Slices Cherry tomatoes Mixed Fruit Milk, 1% or Fat Free Ketchup	Sep - 5 Mozzarella Sticks Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Marinara Sauce
Sep - 8 Chicken Sandwich Seasoned Waffles Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Mayonnaise Ranch Dressing	Sep - 9 Fish Sticks Macaroni & Cheese Seasoned Green Beans & Carrots Mixed Fruit Milk, 1% or Fat Free Ketchup Tartar Sauce	Sep - 10 Stir Fry Noodles Steamed Broccoli Garbanzo Beans Hot Roll Peach slices Milk, 1% or Fat Free	Sep - 11 Chicken Fajita Taco Spanish Rice Steamed Corn Romaine Lettuce Salad Mixed Fruit cup Milk, 1% or Fat Free Shredded Cheese Mild Taco Sauce	Sep - 12 Cheese Pizza Baby Carrots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing
Sep - 15 Cheese Burger Seasoned Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Ranch Dressing Mayonnaise	Sep - 16 Chicken Cheese Crispito Steamed Corn Pinto Beans Mixed Fruit cup Milk, 1% or Fat Free Cheese Sauce	Sep - 17 Chicken Alfredo Steamed Broccoli Seasoned Carrots Garlic Bread Stick Watermelon Craisins Milk, 1% or Fat Free	Sep - 18 Crispy Baked Chicken Mashed Potatoes Coleslaw Hot Roll Peach slices Milk, 1% or Fat Free	Sep - 19 Turkey & Cheese Sandwich Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Ketchup Mayonnaise
Sep - 22 Chicken Nuggets Seasoned Fries Romaine Lettuce Salad Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup	Sep - 23 Chicken & Gravy Brown Rice Seasoned Green Beans & Carrots Hot Roll Peach slices Milk, 1% or Fat Free	Sep - 24 Chicken/Cheese Quesadilla Spanish Rice Steamed Corn Pinto Beans Watermelon Craisins Milk, 1% or Fat Free Mild Taco Sauce	Sep - 25 Turkey Spaghetti Seasoned Green Beans Romaine Lettuce Salad Garlic Bread Stick Mixed Fruit Milk, 1% or Fat Free Ranch Dressing	Sep - 26 Mozzarella Sticks Seasoned Tater Tots Celery Sticks Fresh Fruit Milk, 1% or Fat Free Ranch Dressing Marinara Sauce
Sep - 29 Chicken Sandwich Seasoned Waffles Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free Ketchup Mayonnaise Ranch Dressing	Sep - 30 Fish Sticks Macaroni & Cheese Seasoned Green Beans & Carrots Mixed Fruit Milk, 1% or Fat Free Ketchup Tartar Sauce			

Menu subject to change.

This institution is an equal opportunity provider.