

Alief Montessori Community School

January 2024 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1	Jan - 2	Jan - 3	Jan - 4	Jan - 5
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
Jan - 8	Jan - 9	Jan - 10	Jan - 11	Jan - 12
Staff Development Day	Chicken Sandwich French Fries Cherry tomatoes Applesauce Milk, 1% or Fat Free	Chicken Alfredo Noodles Capri Vegetable Blend Garbanzo Beans Hot Roll Mixed Fruit Milk, 1% or Fat Free	Chicken Fajita Taco Spanish Rice Mixed Salad Refried Beans Mixed Fruit Milk, 1% or Fat Free Shredded Cheese	Turkey Ham Egg Salad Potato Tater Tots Cucumber Slices Fresh Fruit Milk, 1% or Fat Free
Jan - 15	Jan - 16	Jan - 17	Jan - 18	Jan - 19
	Chicken & Gravy Brown Rice Carrots Green Beans Hot Roll Sliced Peaches Milk, 1% or Fat Free	Chicken & Cheese Quesadilla Spanish Rice Black beans Corn Mixed Fruit Milk, 1% or Fat Free	Spaghetti -Turkey Garbanzo Beans Mixed Salad Garlic Breadstick Strawberry Applesauce Milk, 1% or Fat Free	Cheese Pizza Celery Sticks Baby Carrots Fresh Fruit Milk, 1% or Fat Free
Jan - 22	Jan - 23	Jan - 24	Jan - 25	Jan - 26
Chicken Nuggets Sweet Potato Fries Corn Hot Roll Fresh Fruit Milk, 1% or Fat Free	Oven Baked Chicken Mashed Potatoes Cole Slaw Wheat Bread Sliced Peaches Milk, 1% or Fat Free	Chicken Chili Crispito Spanish Rice Corn Pinto Beans Mixed Fruit Milk, 1% or Fat Free	Chicken & Veggie Lasagna Garbanzo Beans Mixed Salad Sliced Peaches Garlic Breadstick Milk, 1% or Fat Free	Turkey/Cheese Sandwich Baby Carrots Celery Sticks Fresh Fruit Milk, 1% or Fat Free
Jan - 29	Jan - 30	Jan - 31		
Chicken Sandwich French Fries Cherry tomatoes Fresh Fruit Milk, 1% or Fat Free	Fish Sticks Macaroni & Cheese Green Beans Corn Mixed Fruit Milk, 1% or Fat Free	Stir Fry Noodles Normandy Vegetable Blend Garbanzo Beans Hot Roll Sliced Peaches Milk, 1% or Fat Free		

Assistance available in English and Spanish. Please call 877-TEX-MEAL (877-839-6325) for help.

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Office of the Assistant Secretary for Civil Rights
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Washington, D.C. 20250-9410
Fax: (202) 690-7442; or Email: program.intake@usda.gov.