

Alief Montessori Community School

January 2024 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 Winter Break	Jan - 2 Winter Break	Jan - 3 Winter Break	Jan - 4 Winter Break	Jan - 5 Winter Break
Jan - 8 Staff Development Day	Jan - 9 Grilled Cheese Sandwich Strawberry Applesauce Apple Juice 4oz Milk, 1% or Fat Free	Jan - 10 Mini Cinnamon Waffles Sliced Peaches Orange juice 4oz Milk, 1% or Fat Free Syrup	Jan - 11 Sausage Biscuit Mixed Fruit cup Fruit Punch 4oz Milk, 1% or Fat Free	Jan - 12 Cheerios cereal Fresh Fruit Orange juice 4oz Milk, 1% or Fat Free
Jan - 15 	Jan - 16 Turkey sausage w/Toast Strawberry Applesauce Orange juice 4oz Milk, 1% or Fat Free	Jan - 17 Mini French Toast Mixed Fruit Fruit Punch 4oz Milk, 1% or Fat Free Syrup	Jan - 18 Turkey Ham and Cheese sandwich Sliced Peaches Fruit Punch 4oz Milk, 1% or Fat Free	Jan - 19 Apple Jacks cereal Fresh Fruit Orange juice 4oz Milk, 1% or Fat Free
Jan - 22 Trix Cereal Fresh Fruit Apple Juice 4oz Milk, 1% or Fat Free	Jan - 23 Grilled Cheese Sandwich Applesauce Orange juice 4oz Milk, 1% or Fat Free	Jan - 24 Mini pancakes Mixed Fruit cup Fruit Punch 4oz Milk, 1% or Fat Free Syrup	Jan - 25 Sausage Biscuit Sliced Peaches Apple Juice 4oz Milk, 1% or Fat Free	Jan - 26 Cheerios cereal Fresh Fruit Orange juice 4oz Milk, 1% or Fat Free
Jan - 29 Apple Filling Strudel Fresh Fruit Apple Juice 4oz Milk, 1% or Fat Free	Jan - 30 Turkey sausage w/Toast Sliced Peaches Orange juice 4oz Milk, 1% or Fat Free	Jan - 31 Mini Cinnamon Waffles Mixed Fruit Fruit Punch 4oz Milk, 1% or Fat Free Syrup		

Assistance available in English and Spanish. Please call 877-TEX-MEAL (877-839-6325) for help.

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